

# Sehion Mar Thoma Church Dallas

3760 14<sup>th</sup> Street, Plano, TX 75074 | [www.sehionmtcdallas.org](http://www.sehionmtcdallas.org)

---



## From the Vicar's Desk

Dearly Beloved in Christ,

By the grace of God, we are in the second month of this New Year. On Sunday, February 19<sup>th</sup>, we will be beginning our '50-Day Great Lent' (Valiya Nombu). This is an important part of our spiritual life, (February 19, Pethrutha), followed by Shubkono (February 20), the Service of Reconciliation. It is in reconciliation with God, Fellow-beings and with the mind-body coordination that one must enter the journey of lent.

Our Lord Jesus observed lent for forty days before his entry into the public ministry. Moses spent forty days and nights with God in Sinai, before he received the commandments. The disciples spent time in fast and prayer after the ascension of Christ before they were anointed by the Holy Spirit. It is in line of all of them that the church celebrates the fast and the lent. Lent is a time of calmness, prayer, repentance, and reflection. It is an opportunity to receive the overflowing grace of God to humankind.

Traditionally Lent was set aside to focus on our relationship with God, examine ourselves and repent. Lamentation 3:40 says, "Let us test and examine our ways, and return to the LORD". We all 'give up' something for Lent. In this Lent season Spend more time for prayer and meditating the word of God. Isaiah 1:18 says - "Come now, let us argue it out, says the LORD: though your sins are like scarlet, they shall be like snow; though they are red like crimson, they shall become like wool". Lent is a time to open the doors of our hearts a little wider and understand our Lord a little deeper. Lent is a transformation towards a new quality of life and fullness of life.

The 128<sup>th</sup> session of the Maramon Convention will take place from February 12-19. Many people from around the world will be attending this year's convention, which includes bible studies, intercessory prayers, devotions, and messages. I humbly request that you view the webcasting via the internet. I encourage you to listen to some of the messages for spiritual fulfillment and renewal. Let us pray for the blessing of the Maramon Convention.

Wishing you all a blessed Lenten season. Above all, let us pray for the sanctification and renewal of our faith community. God Bless you all.

Always Yours,

Joby Achen

## Contacts

Rev. Joby John, Vicar  
(469) 274-2683  
[vicar@sehionmtcdallas.org](mailto:vicar@sehionmtcdallas.org)

Jacob George, VP  
(469) 360-4969  
[vicepresident@sehionmtcdallas.org](mailto:vicepresident@sehionmtcdallas.org)

Biju Varnan, Treasurer  
(214) 676-4954  
[treasurer@sehionmtcdallas.org](mailto:treasurer@sehionmtcdallas.org)

Reny Abraham, Accountant  
(972) 762-8920  
[accountant@sehionmtcdallas.org](mailto:accountant@sehionmtcdallas.org)

Zach Sunil Zachariah, Secretary  
(214) 543-6945  
[secretary@sehionmtcdallas.org](mailto:secretary@sehionmtcdallas.org)

---

## 128<sup>th</sup> Maramon Convention



**Feb 12-19, 2023**

## February Birthdays

1-Feb	Samuel Koshy Vilanilam	Garland	17-Feb	Johan S. Kovoor	Allen
1-Feb	Joshua Simon	Garland	17-Feb	Jason Shiju	Allen
1-Feb	Jason Simon	Garland	17-Feb	Olivia Susan Thomas	Allen
2-Feb	Abigail Paul	Allen	17-Feb	Joyis Chacko	Sunnyvale
2-Feb	Joel S. Kovoor	Allen	18-Feb	Adayah Susan George	Murphy
3-Feb	Thomas David	Allen	18-Feb	Joshua Daniel	Murphy
5-Feb	Zoey Grace Mathew	Allen	18-Feb	Kate Marie John	Garland
6-Feb	Noel K. Johnson	Allen	19-Feb	Bibi K. Thomas	Sunnyvale
6-Feb	Tiffany A. Philip	Allen	19-Feb	Ligi Mathew	Allen
6-Feb	Jeffrey J. Philip	Allen	20-Feb	Rincy P. Sunny	Allen
7-Feb	Hannah Aleyah Abraham	Garland	22-Feb	Steven Varghese	Garland
8-Feb	Ancy Koshy	Allen	22-Feb	Bryce Abraham	Allen
8-Feb	Ariel Marie John	Garland	22-Feb	Isabella Abraham	Garland
8-Feb	Anil Kalamannil Mathew	Allen	22-Feb	Anna Varghese	Allen
8-Feb	Mathew George	Garland	23-Feb	Suma Thomas	Garland
11-Feb	Vishakh Kalamannil Varughese	Allen	23-Feb	Amelia Paul	Allen
11-Feb	Sindhu Varnan	Garland	24-Feb	Rayna S. Koshy	Allen
11-Feb	Samuel K. Varkey	Allen	24-Feb	Kevin Manoj Muthalaly	Allen
12-Feb	P. T. Kuriyakose	Sunnyvale	27-Feb	Kulathumkal A. Abraham	Murphy
12-Feb	Molly John	Sunnyvale	28-Feb	Abraham Manaloor	Garland
13-Feb	Hannah Susan Varghese	Murphy	28-Feb	Andrew Mathai Sony	Allen
13-Feb	Elijah David John	Garland	28-Feb	Merin Varghese	Murphy
15-Feb	Alex Jacob	Sunnyvale	28-Feb	Babu K. Thomas	Sunnyvale
16-Feb	Shibu M. Varghese	Allen	29-Feb	Russell Lukose	Allen
16-Feb	Saju T. Abraham	Garland	<b>Happy Birthday!</b>		

## February Anniversaries

8-Feb	Mathew P. George Cijo A. Eapen	Allen	22-Feb	Manoj Varghese Anne George	Allen
8-Feb	Kulathumkal A. Abraham Aleyamma Abraham	Murphy	23-Feb	Dr. Rajendra Jacob Daniel Saliamma Daniel	Garland



Sehion Sunday School started on January 15<sup>th</sup> and we welcomed the children back to the church after a long winter break. Sunday School held its first semester exam for the 2022 - 2023 School year on January 22, 2023. We appreciate the children for taking the time to study as part of their spiritual journey in partnership with the Sunday School teachers.

**February 5<sup>th</sup> SS General Body Meeting :** *The meeting will take place immediately after church.* We are requesting the presence of all teachers as we go through the planning for the remainder of the school year. Shortly after this meeting, the Sunday School Leadership will release the annual calendar.

**After Church - Snack Cleanup:** We will be continuing this Service initiative into this year. If your child is interested in serving the church by helping with the cleanup after service, please see **Lini Mathai** to sign up. There is a prescribed list of activities the kids will engage in to help serve and clean up after church service. Kids can participate with their friends or their siblings.

**Prayer after Sermon:** If your child is interested in praying after the sermon on Sundays with English worship, please let Shyla Johnson or Reena Joy know. We will sign them up and provide guidance through prayer instruction classes as required.

**Opportunity to Lead Praise and Worship:** We have requested any child or grade as a whole who would be interested to lead praise and worship at Sunday School to please inform their teacher or the Sunday School Leadership. This is a great opportunity for kids to gain confidence and have fun with their friends!

In His Service,

**Bobby Mathew, Anne Varghese, Susy Ninan, Tibu Mathew (2023 Sunday School Leadership Team)**

*"Train up a child in the way he should go; even when he is old he will not depart from it."*

Proverbs 22:6

# SEHION YF BLOG

## FEBRUARY ISSUE

02/01/2023



## L - O - V - E

February is here! Many of us look forward to this month because it is known as the month of LOVE, so we should show how much we love each other starting today. John 15:12-13 says "My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends." God has told us to always love everyone as he has loved us. God loves us unconditionally and that will never change. So as we move forward in this month of February, remember to always love each other and ourselves as God has loved us.

### **Romans 12:9-10**

Love must be sincere. Hate what is evil; Cling to what is good. Be devoted to one another in love. Honor one another above yourselves.

## TOPICS

### BIRTHDAYS

- 2/6 - Noel Johnson
- 2/7 - Hannah Abraham
- 2/13 - Hannah varghese
- 2/17 - Johan Kovoor
- 2/22 - Steven Varughese
- 2/29 - Russell Lukose

### EVENTS

- 2/5 - Community Service
- 2/6 - Bible Study
- 2/12 - Super Bowl Party
- 2/13 - Bible Study
- 2/20 - Bible Study
- 2/27 - Bible Study

### PLATFORMS

- Instagram - @sehionmtcyf
- Facebook - @sehionmtcyf
- YouTube - @sehionvlogs
- E-mail - @sehionmtcyf@gmail.com
- Venmo - @sehionyf
- PayPal - @sehionyf

# DLC LOOK BACK

**A**s you all know, our YF hosted the 2023 Diocesan Leadership Conference in January. By God's grace and with the help and prayers of our Sehion family, the conference was a huge success. Our YF would like to recognize everyone who was involved in making this conference happen.



First, we want to give a big thank you to all of our host families that volunteered to open their homes and have delegates stay at their houses. So many delegates expressed their appreciation for you all and that everyone was kind and welcoming.

We would also like to thank the Sehion Exec Team: Joby Achen, Biju uncle, Reny uncle, Rajesh Uncle, and Sunil Uncle, From when we first accepted to bid to host and throughout the entire conference weekend, they were by our side. Whenever we needed help, they were there – whether we needed someone to run to the store, provide transportation, or anything else that came up.

We are also super grateful for Sindhu Aunty, Susy Aunty, Jisha aunty, Tigi Aunty, Betsy Aunty, Ethan Varghese, Leena Aunty, Dan Chachen, and Shane Chechi. Even with their busy schedules, they made time to come and get all the food ready for breakfast, lunch, and dinner. With their help, we were easily able to feed all the delegates for 3 days!

Another big thank you to the AV team, Jithin, Elijah, Jo, and Jewel. AV can be a thankless job, but they handled everything from managing the sound for praise and worship to setting up the track presentations to facilitating the games during our breaks. Everything ran much smoother with their help.

Last but not least, we'd like to recognize our amazing DLC committee: our incredible conveners, Jessica and Rachel; our hospitality team: Nidhin, Jithin, Steve and Joel; our finance & marketing team: Sara, Hannah Abraham, and Elijah; and our activities team: Kristina, Naomi, Asher, and Hannah Varghese. We are so thankful to everyone for their hard work and dedication. By everyone's efforts, the conference went so well and the delegates all enjoyed their time with us.

Once again, we would like to give a big thank you to everyone who was involved in any way. We couldn't have done this without your help and prayers!

## Senior Fellowship (STARS)

Saturday, Feb 11 at 11:00 am	Monthly Bible Study/ Prayer	SMTC
------------------------------	-----------------------------	------

## Edavaka Mission

Wednesday, Feb 1 at 7:00 pm	Weekly Bible Study/ Prayer	Zoom meeting
Monday, Feb 6 at 7:30 pm	MTVEA Night of Prayer	Zoom meeting
Wednesday, Feb 8 at 7:00 pm	Weekly Bible Study/ Prayer	Zoom meeting
Wednesday, Feb 15 at 7:00 pm	Weekly Bible Study/ Prayer	Zoom meeting
Monday, Feb 20 at 7:30 pm	MTVEA Southwest Region Prayer	Zoom meeting
Wednesday, Feb 22 at 7:00 pm	Weekly Bible Study/ Prayer	Zoom meeting

## Sevika Sangham

Saturday, Feb 4 at 9:30 am	Sevika Sangham Prayer	Zoom meeting
Sunday, Feb 12 after service	Sevika Sangham General Body Meeting	SMTC
Saturday, Feb 18 at 9:30 am	Sevika Sangham Prayer	Zoom meeting
Saturday, Feb 25 at 10:00 am	Southwest Regional Prayer	Carrollton MTC

## Yuvajana Sakhyam

Yuvajana Sakhyam was in full swing last year, and by His grace YS was able to conduct a variety of activities not only for our members, but for our church as a whole. The new leadership team would like to take this opportunity to thank our previous leadership team for their dedication and hard work in making our YS strong and active.

This year, God willing, we are planning to organize a couple of events, starting with a prayer meeting in the month of February at our church. Further information about this year's events will be discussed during the meeting. We will be selling the YS calendars at our church soon. Looking forward to a blessed, active and fun filled YS this year. Requesting all our members' prayers and active participation in all the meetings and events.

In His Service,

2023 Yuvajana Sakhyam Leadership Team

## Area Prayer Meetings

Saturday, Feb 4 at 7:00 pm	Allen Area Prayer	Residence of Mr. Sunny Kovoor 5217 Promise Land Drive, Frisco, TX 75035
Saturday, Feb 11 at 6:00 pm	Garland Area Prayer	Residence of Dr. Rajendra J. Daniel 6708 Winding Valley Trail, Rowlett, TX 75059
Saturday, Feb 18 at 7:00 pm	Sunnyvale Area Prayer	TBA
Saturday, Feb 25 at 7:00 pm	Murphy Area Prayer	Residence of Mr. Jojy John 4210 Bluffview Dr, Sachse, TX 75048

## Lectionary

### Sunday, February 05, 2023

Divine Service led by Rev. Joby John at 8:15 am

English Order

**Holy Communion Service led by Rev. Joby John at 10:15 am**

**Malayalam Order**

Theme: Medical Mission Sunday, Jesus Christ Who Heals

1<sup>st</sup> Lesson: Isa 53:1-12

Epistle: Acts 3:11-16

2<sup>nd</sup> Lesson: 1Pet 2:18-25

Gospel: Matt 8:5-17

### Beginning of 128<sup>th</sup> Maramon Convention

### Sunday, February 12, 2023

**Holy Communion Service led by Rev. Joby John at 10:15 am**

**English Order**

Theme: Sabbath leads to the fullness of Creation

1<sup>st</sup> Lesson: 1Sam 21:1-9

Epistle: Col 2:13-19

2<sup>nd</sup> Lesson: Heb 4:1-11

Gospel: Luke 6:1-10

### Sunday, February 19, 2023

Divine Service led by Rev. Joby John at 8:15 am

English Order

**Holy Communion Service led by Rev. Joby John at 10:15 am**

**Malayalam Order**

Theme: Beginning of the Great Lent – An Invitation for Transformation

1<sup>st</sup> Lesson: Hos 14:1-9

Epistle: Rom 12:1-2

2<sup>nd</sup> Lesson: 2Pet 1:1-11

Gospel: John 2:1-11

### Sunday, February 26, 2023

**Holy Communion Service led by Rev. Joby John at 10:15 am**

**English Order**

Theme: Jesus Christ who Sanctifies, Second Sunday of Great Lent

1<sup>st</sup> Lesson: Jer 33:6-11

Epistle: Jas 4:7-10

2<sup>nd</sup> Lesson: 1John 1:5-10

Gospel: Mark 1:40-45

"This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins.

**Dear friends, since God so loved us, we also ought to love one another."**

**1 John 4:10-11**