

Sehion Mar Thoma Church Dallas

3760 14th Street, Plano, TX 75074 | www.sehionmtdallas.org



From the Vicar's Desk

Dear Sehion Family,

The journey of Lent is underway. In many ways Lent is like a road trip with a clear destination ahead. Like any good road trip there are a few things to keep in mind that will make your Lent experience more fruitful:

- Put your itinerary away. Many times, the best memories of a road trip are the ones that take us out of our planned route. We often over-engineer our life experiences that we forget that the journey with Christ means choosing a way other than our own. Try not to focus too much on the ritual of fasting but on the experience of it. During Lent, choose to follow his roadmap - his priorities over your own. "But seek first his kingdom..." (Mt 6:33)
- Don't speed. Road trips are about the journey as much as the destination. Don't race through Lent. Consciously, make an effort to stop and spend time with God. Your agenda can wait. Just as you "stop to smell the roses," make sure to pause in prayer, reading, and meditation. No matter how busy, I promise you, there is enough time in the day! "But Jesus often withdrew to lonely places and prayed." (Lk 5:16)
- Stare out of the windows. We city dwellers might forget that there is a world of beauty out there! It's good to get out and see the world as it really is. Lent is a spiritual journey in which we look out beyond ourselves and realize the beauty of our Maker. Beauty and grace that have been there all along; but we may have forgotten to appreciate. See and cherish the love of God as we journey to the Cross. "One thing I ask from the Lord... to gaze on the beauty of the Lord and to seek him in his temple." (Ps 27:4)
- Don't forget the kids! Teach your children where you are heading and what's there. Encourage them to observe all they can as they approach the Empty Tomb. Ask them to join and take Lent more seriously as you each decide on something to give up. Review the story of Jesus to the cross with them. Get a book or some visual aids to help. For older kids engage in conversation about the meaning of Lent. Perhaps a visual countdown to Easter may instill in them an awareness that something exciting is coming. "Love the Lord your God with all your heart and with all your soul and with all your strength... Teach this to your children." (Deut 6:5, 7)

In His service,
Larry Achen

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Sehion Family is growing!

- Amelia Paul born on February 23, 2022
– Congratulations to proud parents Christie & Tincy Paul and sweet sister Abigail!



March Birthdays

3/1	Joshua J. Joy	Murphy	3/1	C. V. Simon	Garland	3/1	Tobin Thomas	Allen
3/3	Ethan Kyle Abraham	Garland	3/3	John K. Mathew	Murphy	3/3	Jeremiah D. George	Allen
3/3	Sheeba Mary Thomas	Murphy	3/5	Abigail Reji Thomas	Murphy	3/6	Dr. Tigi Manaloor	Garland
3/7	Jean Ligy Thomas	Sunnyvale	3/7	Elizabeth Abraham	Garland	3/8	George John	Sunnyvale
3/8	Sarah Mary Joy	Murphy	3/8	Grace Jacob	Sunnyvale	3/9	Joe Jeni Varghese	Allen
3/9	Reni Ninan	Allen	3/10	Rachel Thomas	Garland	3/10	Ruth Joseph	Murphy
3/10	Susamma K. Mathew	Garland	3/12	Ani Jeni Varghese	Allen	3/13	Jovesh M. Zachariah	Allen
3/13	Sarah George	Murphy	3/15	Sera Jacob	Allen	3/15	Abel Reji Thomas	Murphy
3/15	Shane Thomas	Murphy	3/19	Jusffin C. John	Garland	3/21	Remya I. Abraham	Allen
3/21	Geetha P. Varghese	Murphy	3/23	Annamma Varghese	Sunnyvale	3/24	Renita A. Alexander	Allen
3/24	Soney Alexander	Murphy	3/24	Thomas George	Allen	3/24	Thomas Koshy	Allen
3/24	Naina Susan Thomas	Allen	3/25	Darlana Mini Thomas	Sunnyvale	3/25	Rony Binoy	Allen
3/25	Dr. Aby Abraham	Garland	3/28	Dr. George Thadathil	Sunnyvale	3/28	Mathew Isaac	Murphy
3/28	Daniel Isaac	Murphy	3/28	Haroun Jacob Zazay	Garland	3/29	Binoy Thomas	Allen
3/29	Rohini V. Thadathil	Sunnyvale	3/30	Reny Mathew	Allen	3/31	Merlin M. Abraham	Allen

March Anniversaries

3/1	George Varghese Gladdis Varghese	Allen	3/4	Abraham Philips Dr. Sunila Philips	Allen	3/12	Mathew Jones Mariamma Jones	Murphy
3/13	John Daniel Molly John	Sunnyvale	3/22	Dr. George Thadathil Rohini V. Thadathil	Sunnyvale	3/24	Ligy T. Varughese Joyis Chacko	Sunnyvale
3/30	George George Geetha P. Varghese	Murphy						

Sunday School



February has quickly passed us by and we have seen God's Faithfulness in bringing our Sunday School back to in person starting February 6th! It was truly a joy to see the children worshipping together and we have had positive feedback from teachers as well as parents!

As we look forward into the coming year, we have many activities planned (Sehion Kids Retreat and VBS in the summer months!) and we keep these in prayer as the Sunday School Leadership looks to bring these to fruition.

Opportunity to Lead Praise and Worship: We have requested any child or grade as a whole who would be interested to lead praise and worship at Sunday School to please inform their teacher or the Sunday School Leadership. We have open spots for March 20th and March 27th! This is a great opportunity for kids to gain confidence and have fun with their friends!

Prayer after Sermon: If your child is interested in praying after the sermon on Sundays with English worship, please let Jisha Abraham or Shyla Johnson know. We will sign them up and provide guidance through prayer instruction classes as required.

Upcoming Key Dates through May:

- March 13th: Spring Break- No Sunday School
- March 26th: Sehion Teacher's Retreat
- April 17th: Easter- No Sunday School
- May 1: Sunday School Exam
- May 15th Diocesan Exam
- May 22nd: Last Day of Sunday School

Standing Reminders: 2022 Diocesan exam will be held online on 05/15/2022 and students will take the exam from their home. The registration is now closed.

In His Service,

Bobby Mathew, Anne Varghese, Tibu Mathew (2022 Sunday School Leadership Team)

Train up a child in the way he should go; even when he is old he will not depart from it. Proverbs 22:6

Yuvajana Sakhyam

Yuvajan Sakhyam held our monthly prayer meeting on February 27th after the church service. After a long gap, YS prayer meeting was conducted in person led by Rev. Larry Varghese. Lunch was served followed by the prayer meeting. Topic for discussion was "Faith In Doubt"

March monthly prayer meeting will be conducted in person on March 27th March after church service at our Church. Lunch will be served.

Thank you

In Christ

Sibu Mathew (YS Secretary, 2022)

Area Prayer Meetings

Saturday, Mar 5 at 7:00 pm	Combined Area Prayer	Zoom meeting
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Edavaka Mission

Wednesday, Mar 2 at 7:00 pm	Weekly Bible Study/ Prayer	Zoom meeting
Monday, Mar 7 at 7:30 pm	Diocese of NA & Europe MTVEA Monthly Prayer Meeting Message by Rev. Sunil Chacko (St. Mathew's MTC, Toronto)	Zoom meeting
Wednesday, Mar 9 at 7:00 pm	Weekly Bible Study/ Prayer	Zoom meeting
Wednesday, Mar 16 at 7:00 pm	Weekly Bible Study/ Prayer	Zoom meeting
Wednesday, Mar 23 at 7:00 pm	Weekly Bible Study/ Prayer	Zoom meeting
Wednesday, Mar 30 at 7:00 pm	Weekly Bible Study/ Prayer	Zoom meeting

Sevika Sangham

Tuesday, Mar 1 at 7:00 pm	Southwest Region Sevika Sangham prayer led by Rev. Thomas Mathew P.; message by Rev. Dr. Cherian Thomas	Zoom meeting
Saturday, Mar 5 at 10:00 am	KECF World Day of Prayer meeting CSI Congregation of Dallas, Garland (2422 N Glenbrook Dr, Garland, TX 75040)	In-person & Zoom meeting
Saturday, Mar 12 at 6:30 pm	Combined SW region conference of MTVEA, Marthoma Suvishesha Sevika Sangham, and Senior Fellowship Main speakers: Rev. Jobin Abraham, Sikendra Naik and Pitamber Naik	Zoom meeting
Sunday, Mar 13 at 12:00 pm (after service)	Bible study - 'Women of the Bible' led by Rev. Larry Varghese	Sehion Mar Thoma Church
Saturday, Mar 19 at 9:30 am	Weekly Sevika Sangham prayer	Zoom meeting
Saturday, Mar 26 at 9:30 am	Weekly Sevika Sangham prayer	Zoom meeting

Sehion STARS

Saturday, Mar 26 at 11:00 am	Monthly STARS meeting	Zoom meeting
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Lectionary

Sunday, March 6, 2022 (Diocesan Sunday) Holy Communion Service led by Rev. Thomas Mathew	Malayalam Order 10:15 am
Theme: Gives Healing that Comfort (Second Sunday in Lent) 1 st Lesson: 2 Kings 5:1-14 2 nd Lesson: Philemon 1:8-21	Epistle: Philippians 2:21-30 Gospel: Mark 1:40-45
Sunday, March 13, 2022 Holy Communion Service led by Rev. Larry P Varghese	English Order 10:15 am
Theme: Healing through Forgiveness of Sins (Third Sunday in Lent) 1 st Lesson: 2 Samuel 12:1-13 2 nd Lesson: Acts 8:9-17	Epistle: 1 Peter 2:21-25 Gospel: Mark 2:1-12
Sunday, March 20, 2022 Holy Communion Service led by Rev. Larry P Varghese	Malayalam Order 10:15 am
Theme: Universal Salvation in Christ (Fourth Sunday in Lent) 1 st Lesson: Isaiah 45:1-8 2 nd Lesson: Acts 10:34-43	Epistle: 1 Corinthians 1:18-25 Gospel: Matthew 15:21-28
Sunday, March 27, 2022 Holy Communion Service led by Rev. Larry P Varghese	English Order 10:15 am
Theme: Worship – which gives Perfection to Personhood (Fifth Sunday in Lent) 1 st Lesson: Isaiah 66:19-24 2 nd Lesson: Acts 2:22-36	Epistle: Romans 8:31-39 Gospel: Luke 13:10-17

He is no fool who gives what he cannot keep to gain that which he cannot lose.

- Jim Elliot